

Issue 58
Spring '23



TRACKS



The Newsletter for Midland Ski Club Members



The hard work is paying off
read all about one members 16 podiums this winter - page 10

More fun walks and a steam train
see page 13 for details - All members welcome

MSC to launch Nordic Skiing section
see page 8 for details

Club Holiday to Avoriaz 2-9 March 2024
see page 12 for further details

Hello and welcome to this Spring edition of Tracks.

I'm Peter Carter and I've taken over the editorship of Tracks, the Newsletter of Midland Ski Club.

Firstly, a huge note of thanks to Julie for all her hard work editing the previous editions of newsletter and her help with getting this edition published.

While many members were swapping the dry slopes for alpine camps and races, its been a busy winter of racing with the completion of the Winter Race League as well as the Tri-Club Cup competition with friends from Telford and Stoke.

As the cold, rain and snow hopefully give way to longer days and milder weather we're looking forward to the summer races which are already under way as well as other opportunities for our club members to get together and enjoy activities.

Please do continue to send in your news, activities and articles for inclusion in the newsletter, we really can't produce this without your input. Stories in this issue are regarding results up until end of April 2023, any material submitted after this date will appear in the next issue along with the relevant race write ups.

Send any content please to news@midlandski.uk

Thank you for your ongoing support.

Peter Carter - Editor

A Selection of upcoming race dates...

3 June	Gloucester Summer Race League Round 3	Gloucester
24 & 25 June	SSW CN & Welsh Open Championships	Llandudno
1 July	Gloucester Summer Race League Round 4	Gloucester
7th July	Pendle Club National	Pendle
8th July	Rossendale Club National	Rossendale
15 July	Western Counties Club National	Gloucester
16 July	Gloucester Club National	Gloucester
29 July	Midland Ski Club Club National	Swadlincote
30 July	CESA Club National	Swadlincote
16 September	Gloucester Summer Race League Round 5	Gloucester
14 October	Gloucester Summer Race League Round 6	Gloucester

All races can be entered individually online and are most likely to have MSC skier and coach representation.

For Club Nationals, racers are normally registered with one of the national governing bodies (England, Wales, Scotland or Ireland) to get the racer a unique number for their gbski competitor profile – 1st year is sometimes free. It's not mandatory, and you can enter as a day racer, but it is recommended.

Most CN online entries are done at <https://entries.snowsportengland.org.uk/> - again please ask other parents of racers for help to get you registered. The full calendar of races with links to each event's invitation document (to give you more information about the race and specific entry instructions) can be found at <https://gbski.com/calendar.php>



Your club needs YOU!

We can't run our races without support from our skiers and their families, but we understand that volunteering to be a course official can be daunting. There are various roles involved in running a race, from handing out and collecting bibs, acting as a gate judge on the slope, to marshalling the racers at the top and bottom of the slope. If you are interested in getting involved and would like to understand more, please speak to Di, Dave or one of our race managers and they will happily explain what is involved and arrange for you to shadow one of our experienced volunteers at a race.

Winter Race League Final Results

Congratulations to all who took part and raced in the Winter Race League fixtures of the 2022/23 season. Thanks to Di for organising the race and all the volunteers who gave up their evenings to make the races possible. Below are the final standings and a selection of podium photographs over the season.

	Female	Male
U8		1st Max Ellans
U10	1st Bea Swabey-Collison 2nd Darcey Yarnold 3rd Mollie Davis	1st Chay Brevitt 2nd Elliot John 3rd Thomas Evans
U12	1st Jasmine Price 2nd Delphine Tchakhotine 3rd Holly Margree	1st Nicholas Evans 2nd Hugh Swabey-Collison 3rd Jonathan Ellans
U14	1st Sacha Tolley 2nd Kitty Carter 2nd Alex Margree 3rd Frankie Yarnold	1st Tommy Jones 2nd Cameron John 3rd Archie Tchakhotine
U16	1st Polly Wimperis 2nd Isabella Seager 3rd Neave Pullen	1st Dan Gilyead 2nd Tom Gilyead 3rd Josh Davies
U20		1st Jonathan Schofield 2nd Charlie Deem
U45	1st Maya Kroli 2nd Hannah Phillips 3rd Louisa Tchakhotine	1st Andre Tchakhotine 2nd Thomas Fielding 3rd Aaron Hadfield
MASTERS	1st Gerry Ely 2nd Joss Brown	1st Rufus Davis 2nd Stuart Brown 3rd Fraser Chisholm



Birmingham and Midland Schools Race

This years Birmingham and Midland Schools race was contested at Ackers on a rather wet and wild Sunday afternoon in March.

With a number of schools choosing not to send teams this year the day effectively came down to a battle between Solihull School and the Warwick Foundation Schools.

Nevertheless, the racing was full on from the minis through to the U19's including a number of racing debuts and many notable results from some of our future stars.

Both Solihull School and the Warwick Foundation have been actively trying to promote skiing as a sport and increase the participation for pupils. While the schools have some strong junior skiers already, the introduction of an U14S (stubbies) category for this race allowed some older skiers who were new to racing to get involved before hopefully progressing onto full gates.

The detailed results are shown below.

	<u>Girls</u>	<u>Time</u>	<u>Boys</u>	<u>Time</u>
U10	1st Bea Swabey-Collison. - Warwick Prep Girls A 2nd Loretta Cooper. - Warwick Prep Girls A 3rd Evie Acton. - Solihull School Girls C	12.63 13.39 17.22	1st Max Ellans. - Parkview Primary School 2nd Will England. - Solihull School Boys B	13.68 18.34
U12	1st Darcey Yarnold. - Warwick Prep Girls A 2nd Amelie Ridout. - Solihull School Girls C 3rd Mattie Woods. - Warwick Prep Girls A	13.12 14.08 16.12	1st Hugh Swabey-Collison. - Warwick Foundation Boys A 2nd Jon Ellans. - Parkview Primary School 3rd Fenton Cooper. - Warwick Foundation Boys A	11.38 11.76 11.89
U14S	1st Claudia Ogle. - Kings High Girls C 2nd Meghan Willoughby. - Kings High Girls C 3rd Kyra Khanna. - Kings High Girls C	16.24 18.61 20.42	1st Jack May. - Warwick Foundation Boys A 2nd Harry May. - Warwick Foundation Boys A 3rd Martin Johnson. - Solihull School Boys B	14.67 15.28 15.59
U14	1st Kitty Carter. - Kings High Girls A 2nd Frankie Yarnold. - Kings High Girls B 3rd Delphine Tchakhotine. - Solihull School Girls A	11.24 11.42 11.52	1st Tommy Jones. - Solihull School Boys A 2nd Veer Naga. - Solihull School Boys A 3rd Archie Tchakhotine. - Solihull School Boys A	10.77 11.34 11.48
U19	1st Alex Margree. - Kings High Girls A 2nd Alya Cinar. - Kings High Girls A 3rd Carys Howes. - Kings High Girls A	11.44 12.03 12.51	1st Robert Jones. - Solihull School Boys A 2nd Tom Gilyead. - Warwick School Boys A 3rd Dan Gilyead. - Warwick School Boys A	10.00 10.69 11.08
<u>TEAM (STUBBIES)</u>				
	1st Warwick Prep Girls A. 2nd Solihull School Girls C. 3rd Kings High Girls C	39.14 48.82 55.27	1st Warwick Foundation Boys A 2nd Solihull School Boys B	37.94 50.29
<u>TEAM (GATES)</u>				
	1st Kings High Girls A 2nd Kings High Girls B 3rd Solihull School Girls A	34.71 34.87 42.06	1st Solihull School Boys A 2nd Warwick Boys A 3rd Warwick Boys B	32.11 33.74 36.40
<u>OVERALL</u>				
	1st Warwick Schools Girls 2nd Solihull School 3rd Warwick Schools Boys			

A huge thank you to Andre Tchakhotine and all the parents and volunteers for helping to stage this event.



In January 2023 the Tri Club Cup was launched

This brand new race series featured Telford, Stoke and Midland Ski Clubs, with each competing club hosting a race.

As the clubs had worked well together over the past year in the CESA area, the idea of the Tri Club Cup was formed to strengthen the inter-club relationships, provide some competitive team racing and have some fun with friends old and new.

Changing the venue for each race, the events were very well attended with between 65 to 70 racers each time.

As an added incentive, those who raced all three were entered in a draw to win a £300 Ski Racing Supplies voucher.

There was a great atmosphere at the races, friendly competition, food and drinks and plenty of laughter.

Lots of competitors from our youngest to the more senior racers took part and raced hard.

In the end, Telford emerged victorious and took home the Cup which was presented on the night to Nick Broomhall, Chair of Telford Ski Club.

Look out for next years Tri Club Cup and get involved!



Chill Factor Club Trip

While some were out racing in Pembrey, MSC members were also enjoying two fantastic sessions on snow at Chill Factor indoor slope on 23rd April.

The afternoon began with a 2-hour recreational session for participants to practice and improve technique. This was well attended session and enjoyed by all.

Into the evening and both the pace and intensity was dialled up for the 3-hour race training session, with 22 skiers charging through gates and stubbies down the 180m slope.

Well done to all for a terrific club event and particularly to those who did both sessions.

The next recreational ski event is Sunday 4th June - so get booked on - limited places remain!

The next race training will be August 6th, make sure you get your place booked!



John Arnold Training Week

14th to 21st January 2023 in Niederau



This year the Midland Ski Club's John Arnold Training week shifted, after many years of going to Italy, to try the Austrian resort of Niederau in the Ski Juwel area. There were a number of newcomers to the holiday for us regulars to get to know and make welcome, as well as some people who returned after a break. We all set off in high spirits, although the warm weather and snow reports had not been promising.

The Hotel Sonnschein was large, with comfortable rooms (after the initial bizarre allocation of roomshares was corrected!) and there was good food (with maybe an overemphasis on pork!) and a good sized lounge area and bar. A major benefit was that it had 2 indoor pools, plus sauna and steam rooms to relax after our days on the slopes (for those of us who had time after working hard on our skiing then on our Après Ski and our post skiing feedback with our coaches).

On our first day all the groups tried the slopes at Niederau. It was a good walk uphill to the Niederau lift (and to the bus stop and the shops), but the walk functioned as a good warm up. However, as the resort was low, the pistes had spring snow after the warmer weather, plus we also had snow, mist and rain thrown at us all! It was a challenge for our coaches, and it was hardly the opportunity for raising the confidence levels for those of us for whom it was the first trip out on snow for a considerable time! But true to form Bruce, Clem, Norman and Roger rose to the

occasion. From the second day onwards, when we had extra support from Molly, we dutifully followed our coaches on the postbus to the nearby resorts of Aufach, Innerbach and Alpbach, where there were a series of gondolas taking us up to a range of higher slopes suitable for our coaches to give us the training that we were all there for.

The snow and the slopes varied from good to excellent, as did the mountain restaurants, and we were lucky to have some fresh snow during the week. Thanks to our coaches we had a great week, using their feedback to further develop our skiing skills in the safe and sociable settings of our groups.

There was just one injury on the holiday, which was not incurred whilst moving on skis, so we hope you are fully recovered/recovering well Linda! Members of all the groups were supportive and encouraging to each other, as we have been in previous years, and as John Arnold wished when he started organising the Club's Training Week all those years ago. The club's Training week is always a great opportunity to get lots of skiing whilst under the watchful eyes of our coaches, and to also have an enjoyable and sociable holiday. We are now looking forward to next year's JA Training week in Mayerhofen

Bryan Arnott/Catherine Frankenburg

Winter is over...

The artificial race season has begun

SWS Club National Pembrey

On 22 and 23 April a large contingent of MSC skiers took the trip down to South Wales for the first dry slope Club National of the season.

As usual, the Welsh weather managed to give us rain, wind and a few sunny spells, so aside from getting very wet and a little sunburnt, skiers realised they had to time their flying runs for the wetter weather.

Hugh and Nicholas raced on gates for the first time and gave some seriously impressive performances. At the West Wales CN on Saturday, Bea was third overall in the stubbie girls, taking the U10 trophy. Jonathan, having just moved up to U21s, took third place trophy. On Sunday, it was a Snowsport Wales Excel race so no silverware was on offer, however MSC skiers again did us really proud: Bea was second fastest U10 girl and third fastest stubbie girl overall; Bob was fastest U16 male and fifth fastest overall; Reece was 7th fastest U16 male; Jonathan was third U21 again; Tommy was 4th U14 again, followed closely behind by Nicholas (5th U14) and Hugh (7th U14).



Well done everyone for a lovely weekend. The future of MSC racing looks really bright!

RTR Club National & Inter-Regional Championship - Sunderland

Silksworth in Sunderland was the venue for the Ravens Tigers Racing Club National and this years Snowsport England Inter-regional Championship. Midland Ski Club had a team of 14 competing in the CN race and representing CESA in the Sunday's team event.

Grey skies, a chilly coastal breeze and a very busy parking warden greeted Saturday's Club National which was raced over a rolling course that seemed to prove tricky with 22 DNF in the first run of gates alone. With the best of the first two runs to count pressure grew to get a decent time on the board.

Tommy backed up last weekends strong performance in

Wales with a 5th place in the U14 males, closely followed by Hugh in 6th, Veer in 9th with Monty, making his CN debut, coming home 14th in U14 males.

In the female race, Kitty was 6th in the U16 race with another Club National debutant, Alya finishing 9th, also in U16.

In the stubbies races, Huw was 4th in the U12 boys while Elliot raced to a podium place with 3rd in the U10 boys.

And so to Sunday and the Inter-regional Championship against teams from North West, North East, Wales and Central England (CESA).

In both the U10/12 and U14+ competitions, teams raced each other in dual slalom relays in a league format before progressing to knock out rounds for the medal positions.

Fast and furious, this was 'full gas' racing where anything could happen and plenty did. A missed gate could disqualify a whole team so there was a lot of hiking back up to gates and the emphasis was on racing to the end and keeping it as quick and clean as possible.

Alas, despite racing hard and giving their all, both our U14+ teams were eliminated at the quarter finals stage with the CESA teams perhaps a little lacking in fire-power on the day against some very strong and experienced teams stacked with talent.

In the U10/12 race, CESA came 3rd so earning themselves a trip to the podium steps - well done!

Nevertheless, a great atmosphere with good team spirit and hearty support from racers and spectators alike made for a fun event enjoyed by all.

A huge thanks to Team Managers Colin, Russ and Chris and all the parents and volunteers who helped to make the day so enjoyable.

See next edition of TRACKS for update on races throughout the season.



MSC to launch Nordic Skiing offering for members

Midland Ski Club are looking to set up a Nordic ski section some time in the summer with coaching on roller skis. This will be run by our coaches Nigel and David who shall be taking the relevant qualifications to enable this. We shall run them at local sites and we intend to have equipment available for use. At this stage we are inviting you to register your general interest in participating so that we can ensure our

plans are suitably tailored to your requirements, if you would like to be kept up to date as we progress please email dabhand13@gmail.com

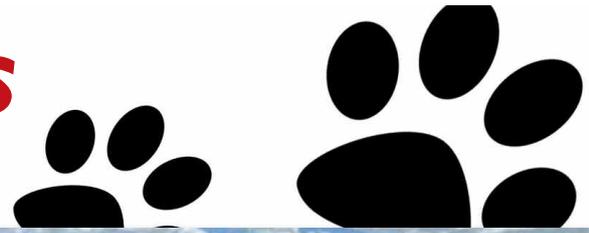
This is being undertaken with the support of Snowsport England. In the fullness of time there may even be a purpose specific Nordic track on which to train though this maybe a little way off and involves us keeping our fingers very much crossed.

We shall of course keep the wider membership informed when there are any significant developments. We are keen to promote different aspects of snow sports to encourage participation, activity, fitness and general well being. It would be fantastic to offer another discipline to our coaching, To get this started we do need your involvement and who knows where it may take us...

Nigel & David

Midland Ski Dogs

This edition's poster girl is Coco



Coco is a Cockerpoo who recently turned 4 years old, and she's a regular spectator at both Ackers and Swadlincote. She's a little shy when first you meet her but she's a real sweetheart and loves coming along to support her big sister, Carys.

Coco's favourite activities include stealing jacket potatoes at the Winter Race League and chasing squirrels!



New Race Season - New Club Kit

Refresh your wardrobe ready for the new season by treating yourselves to Midland Ski Club clothing. Follow this link: <https://2and2print.co.uk/midland-ski-club/>

Warwick Schools Ski Racing Programme



We are fast approaching two years since the Warwick Independent Schools Foundation ski programme was launched with well over 50 skiers from across the four Warwick foundation schools participating, many training regularly at Ackers and Swadlincote and proudly representing both their schools and Midland Ski Club at race events. As the programme evolves to match the development needs of their more experienced racers, they are also delighted to continue to welcome new skiers across all age groups. This is proving to be a very successful foundation-wide activity, providing students and families with the opportunity to network across schools.

Over the winter the U16 girls team (Carys, Alya, Alex and Kitty) had the opportunity to train at a race camp with Kandahar Racing in Bormio, joined by the U16 boys team of Tom, Daniel, Ptolemy and Tyco. The camps allowed both teams to experience this training environment allowing them to focus on their athletic development while promoting a greater sense of independence. The parents were particularly keen with the students learning to prep their own skis!

GB SNOWSPORT

Amber Fennell snowboarding at Youth Olympics 2023

This winter Amber represented GB in the Youth Olympics, the stepping stone to the main event. For the full story visit <https://gbsnowsport.com/news-and-video/>

MSC members racing across Europe in 2023

Just a snap shot of some of our members racing on snow and doing the club proud at all levels



The hard work is paying off...

A review of MSC Member George Brown's Alpine Season

George's winter season got off to a fantastic start winning the Lowlands championships in Holland in September last year. He won overall and U16 on the Saturday and then 2nd U16 on the Sunday.

This kick started the season with an impressive start followed by results at the Slovakian Championships coming 2nd in both the slalom and super giant slalom U16.

On to January for the Ambition Championships, a couple of did not finish in the first couple of races, but a strong finish to the championship with a 2nd in the giant slalom. This gave him selection to the GB children's team. The following week saw a clean sweep of victories in the Team Evolution speed series. 3x super giant slalom wins and an impressive slalom victory by over 3.5s.

These were all a fantastic platform for his first international race representing GB in Andorra and was really successful finishing 3rd in the Slalom. He continued his great form throughout the rest of the season, picking up a 3rd in Slalom at the English Championships in Bormio, a 3rd in Super Giant Slalom in the British Championships in Tignes and a 3rd overall at the British Championships. The two boys ahead of him are the Carrick-Smith twins who are phenomenal racers were born in France, have lived and raced there all their lives. It is an incredible achievement that George is now the best of the rest within UK skiing behind them and has very much closed the gap.

George is now the number 1 ranked UK based ski racer for his age on all surfaces. There was further success in Dutch national races and regional Austrian races throughout the winter.

He also raced in the prestigious La Scara race in Val d'Iserre the same week as the British Championships. This is regarded by many as the World Championships of children's ski racing. Again this was in slalom up against an incredibly strong field of 125 boys from all over the world as far as Japan, New Zealand, Canada, France, Italy, Germany, Austria, Switzerland to name but a few of the best Alpine countries in the world.

George was in 5th place after run one and unfortunately slipped down to 15th by the end of run 2. But only 1.61s behind the winner who won by an impressive margin of 0.7s. This is probably the toughest race he has ever raced in and shows he is heading in the right direction finishing the race as number one British racer and a great way to sign off his time in children's racing.

A total of 16 podiums in Europe in winter 22/23



The Club Holiday to Obergurgl

4th-11th March 2023

Diana Horth reports...



This year I think it's fair to say there were few if any travel holdups getting away to Obergurgl. The resort was new to many of the group and looked to be a good place to stay.

The joint resorts of Obergurgl and Hochgurgl are fine for a day or two but there is very little variety in the terrain. The slopes were easily accessible from our hotel with a short walk to a Poma and then into the main Obergurgl lift system. Higher up there is a horizontal gondola to Hochgurgl saving a lot of up and down time. Obergurgl and Hochgurgl slopes are wide and were not really crowded during our stay but each run seemed to mirror previous runs. It became more interesting once in the tree line.

It wasn't long before various parties were catching the bus into Sölden which offers a far better range of terrain and length of run. Our weather was a mixed bag of sunshine and light snow. Visibility was mixed on the less sunny days but not a problem. We had been promised a good fall towards the end of the week, but it never materialised. All the ski areas were well maintained with a lot of snow making facilities. The lift system was pretty good with only the smallest of queues at busy times. I think the overall view was that Sölden offers a better skiing experience, but it is a party town so any accommodation near lifts

could be quite noisy. Anything away from lifts would involve very crowded bus rides at peak times. At least catching the bus in Obergurgl we were the second stop.

One attraction visited by a few was the James Bond museum, known as 007 ELEMENTS and built inside the summit of the Gaislachkogel Mountain in Sölden. Several scenes in Spectre were shot in the area and some of the cars and wrecks etc are now statues in the town. Entry was free if using the lift pass and a code. And it was a good ski down.

Another place to visit was the Top Point motorcycle museum actually on the slopes in Hochgurgl. Free to enter and it was supposedly accessible by bus but not from Obergurgl!

We had 32 members on the trip and stayed at Alpenblume Moss in Obergurgl. This is a nice hotel in a quiet area and situated by both the up and down bus stops. The buses were very frequent making it easy to get around. Obergurgl doesn't have a lot to offer in terms of bars and shops but there were several places to get lunch or coffee.

The Moss room sizes varied considerably so one twin could be quite roomy whilst another with the same description could be very small. It markets its restaurant as an Italian Trattoria –

so the menu was not Austrian but a mix of Italian and who knows what. Despite requests to the restaurant staff and the Inghams rep there was a severe lack of fruit and veg and no salad bar which was frustrating.

The hotel is quite large but not ideal for large groups like Midland Ski Club. Our habit of changing tables and companions every night was clearly exasperating for the staff who felt they had no control over the menu choices or the times we turned up. This generally isn't a problem provided everybody remembers what they've ordered. But Kate, the head of service went to extraordinary lengths to ensure it was all working as the week progressed with an agreed time and strict supervision of ticked menu choices. One of the big downsides of the hotel was the lack of lounge seating. The bar shut at 10pm and many of us just stayed in the dining room to socialise. This of course impacts on the staff being able to clear up.

Generally it was a good resort. Everything is well maintained and there were plenty of mountain restaurants with prices not too much higher than previous years.

The challenge for 2024 is to find the perfect hotel in the perfect resort. We can dream! But do look at what we have in elsewhere in this newsletter

and so to 2024... Avoiaz



Club Holiday to Avoiaz 2 – 9 March 2024

Staying at Hotel Les Cimes du Soleil in Avoiaz. Twin rooms, ensuite and full board

<https://www.skiline.co.uk/ski-holidays/france/avoriaz/hotel-les-cimes-du-soleil>

Cost of holiday £1385 Includes flights, transfers and all inclusive accommodation.

This is an Inghams holiday.

Birmingham to Geneva Jet 2 Outbound 2nd March 11.05 Return 9 March 15.00

Or Gatwick to Geneva EasyJet Outbound 2nd March 06.00 Return 9 March 11.10

(No Bristol flights available)

Meals

Generally buffet catering so I have asked that we are given some reserved tables. Please look at the link for full details.

This hotel is all inclusive with breakfast, lunch, dinner and drinks. Breakfast is a buffet with hot options and lunch can either be buffet, with salads, hot dishes, cheese and desserts, or a picnic option can be requested at a supplement. Après ski snacks include pancakes, sweets, chocolate fountains and mulled wine. Dinner is from the buffet, with salads, hot dishes, cheese and desserts, or one raclette or cheese fondue is included in your stay at 'Le Cedre Rouge' restaurant so book this at reception on arrival.

Included meals start with dinner on the first evening and end with breakfast on the last morning.

Drinks

The bar is open 7 days a week and the opening times are 10am to midnight. After the bar closes, there's a coffee/tea/water self service station until the breakfast buffet service starts at 7am.

Drinks at the bar include beers, cocktails, soft drinks, wine by the glass and hot drinks. Premium bottled beer, premium spirits/cocktails and bottles of wine are not included but can be purchased locally (card only).

The deposit is £150 per person. Final balance will be due around 20 November

We have 20 x ski carriage at £40. First come first served. If I can add more I will do so but otherwise it will be a direct purchase from Jet2 at £60.

Skiset is a cheaper option than Inghams for hire so I will sort that out once I have numbers.

If you have not joined a club holiday before now, please be reassured that we do all we can to make sure you are included, that you have people to ski with and that you're not left alone wondering who to talk to.

You will need to be a member of the club to go on the holiday. Renewals are 1 October so please ensure you join before the holiday starts.

You must have ski/travel insurance as a condition of Inghams Ts & Cs

Diana Horth 07806 777049 laoise1@laoise1.plus.com



social scene

more than just a ski club

Walk and social Bewdley, Saturday 17th June

Non-walkers very welcome to join the social, and ride the train

After our most enjoyable MSC walk and social in November, we are planning another.

It will be a 4 mile walk & train ride or 8 mile circular walk from Bewdley, starting from the Severn Valley railway car park DY12 1DP (254 spaces, £4 for the day. You may be able to get it cheaper if bought on line in advance).

There are toilets there & a refreshment room, which should be open for those wanting a drink before we set off.

Meet 10:15 for 10:30 start. Estimated eta at Arley station for a lunch stop would be 12:45 / 13:00. There is a lot of seating outside and a refreshment kiosk if required.

The final venue for the social where non-walkers can join us is The Mug House by the riverside in Bewdley: Severn Side North DY12 2EE. There are car parks almost next door: Load Street DY12 2EQ and Dog Lane DY12 2RJ.

The walk is a riverside and woodland walk. A PDF file of the walk can be found at

<https://www.worcestershire.gov.uk/sites/default/files/2023-01/Bewdley%20River%20and%20Rail%20Circular%20Walk%20Leaflet.pdf>

a) The 8 mile option is 4 miles each way walking along the river bank and back on along the opposite side on lanes and by the river.

b) The 4 mile option will end at Arley station, where people can get a train back to Bewdley, OR use the train to meet those on the longer walk at Arley approx. 13:30 and walk back to Bewdley with us. One way tickets can only be purchased on the day and are £6.50 or less one way.

A new train timetable is due out soon, so I cannot be specific about timings of the trains to Arley or return yet.

Everyone is welcome to join us for the social afterwards and we estimate being back in Bewdley 3:45 / 4pm.

Sunday 18th is Father's day, so Saturday 17th is the most practical for booking a space big enough for us all at the pub.

The Mug House is a real ale pub & does hot drinks and food. Friends tell us the food is good. The pub will be reserving a large space for us at the back from 4pm. It is booked in the name of Maureen MSC.

Please let me know if you will be joining us on the walk or at the pub.

Email: maureen@ims-lifebalance.com

or WhatsApp or text 07710511388.

This event is being planned in liaison with Catherine Frankenburg, our MSC Social Secretary and we look forward to meeting up with walkers and non-walkers for a catch up and social get together.

We are looking forward to catching up with friends again.

Maureen Crombleholme

Saturday 5 August Walk in the Stratford area led by Peter and Jill Seamen

This walk is currently being planned, but the date is fixed! For further details please contact Jill or Peter at pj@seamen.plus.com

Hoping to see many of you on a walk soon

Catherine Frankenburg - Social Secretary



Following the tragic death of Team GB athlete Ellie Soutter on her 18th birthday, her family has committed to continue fundraising in her memory. We support upcoming young winter sports athletes, both financially and mentally, to help them fulfil their potential and achieve their dreams.

Please help us to help our young winter sports athletes

Supporting talented young winter sports athletes through funding initiatives and coaching them through the pressures of professional competition.

We have created different corporate funding packages for all budgets, offering promotional opportunities to businesses. You can make a real difference to a talented young winter sports athlete

VISIT OUR WEBSITE

www.theelliesoutter.foundation

TO MAKE A DONATION VISIT:
www.gofundme.com/f/riding2win

media@theelliesoutter.foundation

If you have any news stories or photos to contribute, please send them to news@midlandski.uk